

# Thursday, November 14, 2019

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
1400	1415	Welcoming Remarks		Dr. Lee-Ann Hawkins and Dr. Rahim Kachra
1415	1445	The History of Rocky Mountain Internal Medicine, Importance of Social Connectivity and Hypertension	<ol style="list-style-type: none"> <li>1. Advocate to engage in collective activities with peers such as setting common goals, learning and providing opportunities for consensus.</li> <li>2. Describe that hyperperfusion injury from hypertension can occur at a normal BP.</li> <li>3. Explain the role of MRI in the diagnosis and management of PRES.</li> </ol>	Dr. Robert Herman
1445	1500	Questions		
1500	1530	Improving Cardiovascular and Kidney Outcomes in Patients with Type 2 Diabetes	<ol style="list-style-type: none"> <li>1. Describe the burden of disease (CV and renal outcomes) and the implications of these in patients living with DM2 and CKD in Canada.</li> <li>2. Recognize current treatment paradigms and unmet need(s).</li> <li>3. Recognize current therapeutic options for CKD and DM2.</li> <li>4. Explain the results of the CREDENCE study on current understanding of diseases and clinical practice.</li> <li>5. Critique the changing landscape of clinical trials and options for care for patients with CKD and DM2.</li> </ol>	Dr. Adeera Levin
1530	1545	Questions		
<b>SHORT SNAPPERS #1 - 15 mins presentation + 15 shared question period</b>				
1600	1615	Cardiovascular Risk Protection in Chronic Kidney Disease	<ol style="list-style-type: none"> <li>1. Identify patients with chronic kidney disease who will benefit from cardiovascular risk protection</li> <li>2. Choose appropriate agents to manage cardiovascular risk</li> </ol>	Dr. Adam Bass
1615	1630	Skin Askew in the Obese	<ol style="list-style-type: none"> <li>1. Recognize that skin pathology in obesity is related to evident physical factors as well as vascular, lymphatic, hormonal, metabolic and infectious/inflammatory causes;</li> <li>2. Recognize the morphological features of skin pathologies associated with obesity;</li> <li>3. Identify the potential reversibility and to formulate management plans for obesity-associated skin diseases.</li> </ol>	Dr. Gilles Lauzon
1630	1645	Questions		

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Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
<b>SHORT SNAPPERS #2 - 15 mins presentation + 15 shared question period</b>				
1645	1700	Preoperative Assessment in the Older Adult - is it different?	<ol style="list-style-type: none"><li>1. Describe how advanced age impacts perioperative consultation.</li><li>2. Describe current evidence on how to best manage the elderly patient prior to surgery.</li></ol>	Dr. Paula Pearce
1700	1715	Impact of a novel antimicrobial stewardship mobile app on antimicrobial prescribing practices amongst medical units	<ol style="list-style-type: none"><li>1. Explain the impact of mobile app technology on antimicrobial stewardship</li><li>2. Describe study findings regarding the impact of mobile app technology on antimicrobial stewardship in Saskatchewan</li></ol>	Dr. Shaqil Peermohamed
1715	1730	Questions		

# Friday, November 15, 2019

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
830	900	Top 5 Papers in GIM	<ol style="list-style-type: none"> <li>1. Describe the Top 5 General Internal Medicine papers of 2019.</li> <li>2. Critique the strengths and weakness of each paper.</li> <li>3. Apply new knowledge into one's future clinical practice.</li> </ol>	Dr. Karen Tang
900	915	Questions		
930	1230	<b>WORKSHOPS: Concurrent sessions (60 mins each with Q &amp; A) - Can attend up to three workshops</b>		
		What Internists Need to Know in Managing Pregnant Women	<ol style="list-style-type: none"> <li>1. Assess a dyspneic pregnant patient and know when to use the different imaging modalities.</li> <li>2. Explain that diabetes care in pregnancy is different from non-pregnant, including when to admit a first trimester diabetic patient.</li> <li>3. Recommend the role of Internists in postpartum management of women with preeclampsia.</li> </ol>	Dr. Winnie Sia
		Thrombosis update and evidence based management of challenging Thrombosis cases	<ol style="list-style-type: none"> <li>1. Describe relevant evidence regarding management of arterial, mesenteric, cancer associated, thrombophilia related and portal vein thrombosis.</li> <li>2. Explain how validated tools can aid in the prediction of thrombosis risk and prevention.</li> <li>3. Apply validated tools to various case examples in order to demonstrate how they can aid clinical decision-making.</li> </ol>	Dr. Elizabeth Mackay
		Newer DM agents for weight management	<ol style="list-style-type: none"> <li>1. List the anti-hyperglycemic agents currently available in Canada that may aid in weight loss.</li> <li>2. Describe the pathophysiology behind the potential weight loss in each agent.</li> <li>3. List the anti-hyperglycemic agents to avoid for weight loss.</li> </ol>	Dr. Isanne Schacter
		Communicating Effectively with Patients about Serious Illness	<ol style="list-style-type: none"> <li>1. Recognize the value of early and effective discussions around goals of care.</li> <li>2. Describe the Serious Illness Conversation Guide and how it can be used to improve communication.</li> <li>3. Describe a multi-site initiative to improve serious illness discussions on Internal Medicine units.</li> </ol>	Dr. Fiona Dunne

# Friday, November 15, 2019

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
		Management of Opioid Use Disorder for the General Internist	<ol style="list-style-type: none"> <li>1. Recognize and treat opioid withdrawal and acute pain in patients with OUD.</li> <li>2. Manage hospitalized patients on methadone and slow-release oral morphine (SROM/Kadian).</li> <li>3. Implement buprenorphine/naloxone (Suboxone) for inpatients.</li> </ol>	Dr. Paxton Bach
		Postop Vascular Complications: The Tug-of-War Between Hemostasis and Thrombosis	<ol style="list-style-type: none"> <li>1. Manage perioperative myocardial infarction including the indications for percutaneous coronary intervention.</li> <li>2. Manage post-operative venous thromboembolism.</li> <li>3. Describe short term and long term anticoagulation strategies for transient postoperative atrial fibrillation.</li> </ol>	Dr. Steve Ham
		Immunology for the Internist	<ol style="list-style-type: none"> <li>1. Describe the role of innate and acquired immunity in the immune response.</li> <li>2. Explain the most relevant primary and acquired immune deficiencies in adults.</li> <li>3. Recognize the presentation, investigation, and treatment of common immune deficiencies.</li> </ol>	Dr. Ling Ling
		Pharmaceutical Persuasion - How our Relationship with the Pharmaceutical Industry Impacts Delivery of Health Care	<ol style="list-style-type: none"> <li>1. Describe the various relationships that physicians can have with Pharma.</li> <li>2. Develop a greater awareness of how influence and persuasion are working on us as clinicians.</li> <li>3. Plan an engaged, but aware relationship with Pharma in your practice.</li> </ol>	Dr. Troy Pederson
<b>AM Edwards/ACP Lecture - 30 minutes + 15 min questions</b>				
1330	1400	Complex Care in General Internal Medicine: Context is Everything	<ol style="list-style-type: none"> <li>1. Identify the various types of complexity faced when caring for patients in General Internal Medicine.</li> <li>2. Identify the proximal determinants of patient complexity.</li> <li>3. Select strategies to address patient complexity in their practice.</li> </ol>	Dr. Anita Palepu
1400	1415	Questions		

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<b>SHORT SNAPPERS #3 - 15 mins presentation + 15 shared question period</b>				
1415	1430	Research Competition Clinical Case	<ol style="list-style-type: none"> <li>1. Describe the top 2 resident clinical GIM cases from Western Canada.</li> </ol>	Dr. Zahra Sahani & Dr. Leen Naji
1430	1445	Research Competition QI	<ol style="list-style-type: none"> <li>1. Describe the top 2 resident quality improvement projects from Western Canada.</li> </ol>	Dr. Brandon Tang
1445	1500	Questions		
<b>SHORT SNAPPERS #4 - 15 mins presentation + 15 shared question period</b>				
1500	1515	Cancer in Pregnancy - A primer on diagnosis and treatment	<ol style="list-style-type: none"> <li>1. Describe the prevalence of cancer in pregnancy.</li> <li>2. Develop an approach to investigating cancer in pregnancy and the common causes of diagnostic delays.</li> <li>3. Explain treatment options for cancer diagnosed in pregnancy.</li> </ol>	Dr. Meghan Vlasschaert
1515	1530	Palliative Care for Vulnerable Populations	<ol style="list-style-type: none"> <li>1. Identify patients who are vulnerable and understand why the delivery of palliative care may be more difficult.</li> <li>2. List several initial interventions for increasing access to palliative care for vulnerable populations.</li> <li>3. Describe the nuances of the delivery of medical care for patients with life limiting illnesses.</li> </ol>	Dr. Hayden Rubensohn
1530	1545	Questions		
<b>Research Poster Presentations &amp; Adjudication</b>				
1545	1715	Poster Presentations	<ol style="list-style-type: none"> <li>1. List the presented GIM research studies, clinical cases and quality improvement initiatives from across Western Canada</li> <li>2. Critique the QI and Research methodology presented in one's own practice.</li> <li>3. Apply new knowledge into one's future clinical practice.</li> </ol>	<u>Research/QI:</u> Drs. Cary Cuncic, Navdeep Dehar, Erin Helson, Tania Pannu, Fatima Pirani, Krista Reich, Kahir Rahemtulla, Jordan Sugarman, and Brandon Tang <u>Clinical Case:</u> Drs. Lillian Chan, Caitlyn Collins, and Justin Smith

# Saturday, November 16, 2019

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)	
830	915	Debate: Is the physical exam still relevant in the 21st century?	<ol style="list-style-type: none"> <li>1. Explain how point of care ultrasound can complement history and physical examination in bedside patient assessment.</li> <li>2. Describe the importance of the physical exam in an age of modern testing.</li> <li>3. Challenge whether residency training efforts should focus on increasing training in point of care ultrasound vs consolidating physical examination skills learned in medical school.</li> </ol>	Dr. Irene Ma and Dr. Vijay Daniels Moderator: Dr. Rahim Kachra	
930	1230	<b>WORKSHOPS: Concurrent sessions (60 mins total with Q &amp; A) - Can attend up to three workshops</b>			
		Infections in Patients who Inject Drugs	<ol style="list-style-type: none"> <li>1. Explain the effects of opioid abuse on immune system function and impair host defenses to predispose patients who inject drugs to a multitude of infections.</li> <li>2. Recognize a variety of infectious disease syndromes seen among patients who inject drugs.</li> <li>3. Advocate successful Canadian programs and strategies aimed at risk reduction.</li> </ol>	Dr. Shaqil Peermohamed	
		Peripheral Arterial Disease for the General Internist	<ol style="list-style-type: none"> <li>1. Design a practical approach for the work-up of peripheral arterial disease.</li> <li>2. Explain the role and limitations of diagnostic imaging.</li> <li>3. Implement an evidence-based management plan for peripheral arterial disease.</li> </ol>	Dr. Karen Tran	
		What is New in Lipids in 2019?	<ol style="list-style-type: none"> <li>1. Describe the prevalence, cardiovascular risk, and treatment of inherited dyslipidemias</li> <li>2. Recognize the role of new cholesterol lowering therapies for the prevention of cardiovascular disease.</li> <li>3. Apply Mendelian randomisation to infer the causal relationship of biomarkers to cardiovascular disease.</li> </ol>	Dr. Liam Brunham	

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		Palliative Approach to Care – a Critical Care Perspective	<ol style="list-style-type: none"> <li>1. Illustrate what is important to patients and families at the end of life and how a palliative approach addresses their needs.</li> <li>2. Apply advance care planning with emphasis on the Serious Illness Conversation Guide as a communication tool.</li> <li>3. Advocate for a better death in the critical care experience by improving palliation.</li> </ol>	Dr. Ruth MacRedmond
		Insights Into the Management of Alcoholic Hepatitis	<ol style="list-style-type: none"> <li>1. Identify what is required to establish a diagnosis of alcoholic hepatitis.</li> <li>2. Recognize the best predictive models for survival and treatment response.</li> <li>3. Describe the evidence for the most effective pharmacologic management.</li> </ol>	Dr. Meredith Borman
		Preoperative assessment 2019: Quo Vadis?	<ol style="list-style-type: none"> <li>1. Appraise current evidence for the utility of conventional pre-operative consultation.</li> <li>2. List barriers to more effective intervention, and potential solutions.</li> <li>3. Challenge the nature of the internist’s tasks and future roles in the process.</li> </ol>	Dr. Bruce Fisher
		Maintaining Your Financial Health: An Update on Taxation for Physicians	<ol style="list-style-type: none"> <li>1. Describe the general rules of taxation as it applies to physicians as individuals, independent contractors and small business owners.</li> <li>2. Select the best strategies when deciding on when physicians should incorporate their medical practice, using this to plan for their retirement.</li> <li>3. List the recent changes to taxation laws for Canadian private corporations and how these may affect incorporated physicians’ investment strategies for retirement planning.</li> </ol>	Dr. Oliver Haw For Chin & Mr. Brent Penner
<b>2.5 hour workshop</b>		An Introduction to Mindful Practice	<ol style="list-style-type: none"> <li>1. Describe at least 1 study in the literature that provides evidence for mindfulness as a strategy to reduce physician burnout.</li> <li>2. Experiment with three core elements of the JAMA published Mindful Practice program - formal meditation, deep listening and an exercise borrowed from narrative medicine.</li> <li>3. Plan to implement at least one wellness-based goal into own professional life.</li> </ol>	Dr. Jillian Horton