

Thursday, November 14, 2019

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
1400	1415	Welcoming Remarks		Dr. Lee-Ann Hawkins and Dr. Rahim Kachra
1415	1445	The History of Rocky Mountain Internal Medicine, Importance of Social Connectivity and Hypertension	<ol style="list-style-type: none"> 1. Advocate to engage in collective activities with peers such as setting common goals, learning and providing opportunities for consensus. 2. Describe that hyperperfusion injury from hypertension can occur at a normal BP. 3. Explain the role of MRI is the diagnosis and management of PRES. 	Dr. Robert Herman
1445	1500	Questions		
1500	1530	Improving Cardiovascular and Kidney Outcomes in Patients with Type 2 Diabetes	<ol style="list-style-type: none"> 1. Describe the burden of disease (CV and renal outcomes) and the implications of these in patients living with DM2 and CKD in Canada. 2. Recognize current treatment paradigms and unmet need(s). 3. Recognize current therapeutic options for CKD and DM2. 4. Explain the results of the CREDENCE study on current understanding of diseases and clinical practice. 5. Critique the changing landscape of clinical trials and options for care for patients with CKD and DM2. 	Dr. Adeera Levin
1530	1545	Questions		
SHORT SNAPPERS #1 - 15 mins presentation + 15 shared question period				
1600	1615	Cardiovascular Risk Protection in Chronic Kidney Disease	<ol style="list-style-type: none"> 1. Identify patients with chronic kidney disease who will benefit from cardiovascular risk protection 2. Choose appropriate agents to manage cardiovascular risk 	Dr. Adam Bass
1615	1630	Skin Askew in the Obese	<ol style="list-style-type: none"> 1. Recognize that skin pathology in obesity is related to evident physical factors as well as vascular, lymphatic, hormonal, metabolic and infectious/inflammatory causes; 2. Recognize the morphological features of skin pathologies associated with obesity; 3. Identify the potential reversibility and to formulate management plans for obesity-associated skin diseases. 	Dr. Gilles Lauzon
1630	1645	Questions		

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SHORT SNAPPERS #2 - 15 mins presentation + 15 shared question period				
1645	1700	Preoperative Assessment in the Older Adult - is it different?	<ol style="list-style-type: none">1. Describe how advanced age impacts perioperative consultation.2. Describe current evidence on how to best manage the elderly patient prior to surgery.	Dr. Paula Pearce
1700	1715	Impact of a novel antimicrobial stewardship mobile app on antimicrobial prescribing practices amongst medical units	<ol style="list-style-type: none">1. Explain the impact of mobile app technology on antimicrobial stewardship2. Describe study findings regarding the impact of mobile app technology on antimicrobial stewardship in Saskatchewan	Dr. Shaqil Peermohamed
1715	1730	Questions		

Friday, November 15, 2019

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
830	900	Top 5 Papers in GIM	<ol style="list-style-type: none"> 1. Describe the Top 5 General Internal Medicine papers of 2019. 2. Critique the strengths and weakness of each paper. 3. Apply new knowledge into one's future clinical practice. 	Dr. Karen Tang
900	915	Questions		
930	1230	WORKSHOPS: Concurrent sessions (60 mins each with Q & A) - Can attend up to three workshops		
		What Internists Need to Know in Managing Pregnant Women	<ol style="list-style-type: none"> 1. Assess a dyspneic pregnant patient and know when to use the different imaging modalities. 2. Explain that diabetes care in pregnancy is different from non-pregnant, including when to admit a first trimester diabetic patient. 3. Recommend the role of Internists in postpartum management of women with preeclampsia. 	Dr. Winnie Sia
		Thrombosis update and evidence based management of challenging Thrombosis cases	<ol style="list-style-type: none"> 1. Describe relevant evidence regarding management of arterial, mesenteric, cancer associated, thrombophilia related and portal vein thrombosis. 2. Explain how validated tools can aid in the prediction of thrombosis risk and prevention. 3. Apply validated tools to various case examples in order to demonstrate how they can aid clinical decision-making. 	Dr. Elizabeth Mackay
		Newer DM agents for weight management	<ol style="list-style-type: none"> 1. List the anti-hyperglycemic agents currently available in Canada that may aid in weight loss. 2. Describe the pathophysiology behind the potential weight loss in each agent. 3. List the anti-hyperglycemic agents to avoid for weight loss. 	Dr. Isanne Schacter
		Communicating Effectively with Patients about Serious Illness	<ol style="list-style-type: none"> 1. Recognize the value of early and effective discussions around goals of care. 2. Describe the Serious Illness Conversation Guide and how it can be used to improve communication. 3. Describe a multi-site initiative to improve serious illness discussions on Internal Medicine units. 	Dr. Fiona Dunne

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Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
		Management of Opioid Use Disorder for the General Internist	<ol style="list-style-type: none"> 1. Recognize and treat opioid withdrawal and acute pain in patients with OUD. 2. Manage hospitalized patients on methadone and slow-release oral morphine (SROM/Kadian). 3. Implement buprenorphine/naloxone (Suboxone) for inpatients. 	Dr. Paxton Bach
		Postop Vascular Complications: The Tug-of-War Between Hemostasis and Thrombosis	<ol style="list-style-type: none"> 1. Manage perioperative myocardial infarction including the indications for percutaneous coronary intervention. 2. Manage post-operative venous thromboembolism. 3. Describe short term and long term anticoagulation strategies for transient postoperative atrial fibrillation. 	Dr. Steve Ham
		Immunology for the Internist	<ol style="list-style-type: none"> 1. Describe the role of innate and acquired immunity in the immune response. 2. Explain the most relevant primary and acquired immune deficiencies in adults. 3. Recognize the presentation, investigation, and treatment of common immune deficiencies. 	Dr. Ling Ling
		Pharmaceutical Persuasion - How our Relationship with the Pharmaceutical Industry Impacts Delivery of Health Care	<ol style="list-style-type: none"> 1. Describe the various relationships that physicians can have with Pharma. 2. Develop a greater awareness of how influence and persuasion are working on us as clinicians. 3. Plan an engaged, but aware relationship with Pharma in your practice. 	Dr. Troy Pederson
AM Edwards/ACP Lecture - 30 minutes + 15 min questions				
1330	1400	Complex Care in General Internal Medicine: Context is Everything	<ol style="list-style-type: none"> 1. Identify the various types of complexity faced when caring for patients in General Internal Medicine. 2. Identify the proximal determinants of patient complexity. 3. Select strategies to address patient complexity in their practice. 	Dr. Anita Palepu
1400	1415	Questions		

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Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
SHORT SNAPPERS #3 - 15 mins presentation + 15 shared question period				
1415	1430	Research Competition Clinical Case	<ol style="list-style-type: none"> 1. Describe the top 2 resident clinical GIM cases from Western Canada. 	Dr. Zahra Sahani & Dr. Leen Naji
1430	1445	Research Competition QI	<ol style="list-style-type: none"> 1. Describe the top 2 resident quality improvement projects from Western Canada. 	Dr. Brandon Tang
1445	1500	Questions		
SHORT SNAPPERS #4 - 15 mins presentation + 15 shared question period				
1500	1515	Cancer in Pregnancy - A primer on diagnosis and treatment	<ol style="list-style-type: none"> 1. Describe the prevalence of cancer in pregnancy. 2. Develop an approach to investigating cancer in pregnancy and the common causes of diagnostic delays. 3. Explain treatment options for cancer diagnosed in pregnancy. 	Dr. Meghan Vlasschaert
1515	1530	Palliative Care for Vulnerable Populations	<ol style="list-style-type: none"> 1. Identify patients who are vulnerable and understand why the delivery of palliative care may be more difficult. 2. List several initial interventions for increasing access to palliative care for vulnerable populations. 3. Describe the nuances of the delivery of medical care for patients with life limiting illnesses. 	Dr. Hayden Rubensohn
1530	1545	Questions		
Research Poster Presentations & Adjudication				
1545	1715	Poster Presentations	<ol style="list-style-type: none"> 1. List the presented GIM research studies, clinical cases and quality improvement initiatives from across Western Canada 2. Critique the QI and Research methodology presented in one's own practice. 3. Apply new knowledge into one's future clinical practice. 	<u>Research/QI:</u> Drs. Cary Cuncic, Navdeep Dehar, Erin Helson, Tania Pannu, Fatima Pirani, Krista Reich, Kahir Rahemtulla, Jordan Sugarman, and Brandon Tang <u>Clinical Case:</u> Drs. Lillian Chan, Caitlyn Collins, and Justin Smith

Saturday, November 16, 2019

Start Time	End Time	Talk Title	Learning Objectives	Speaker(s)
830	915	Debate: Is the physical exam still relevant in the 21st century?	<ol style="list-style-type: none"> 1. Explain how point of care ultrasound can complement history and physical examination in bedside patient assessment. 2. Describe the importance of the physical exam in an age of modern testing. 3. Challenge whether residency training efforts should focus on increasing training in point of care ultrasound vs consolidating physical examination skills learned in medical school. 	Dr. Irene Ma and Dr. Vijay Daniels Moderator: Dr. Rahim Kachra
930	1230	WORKSHOPS: Concurrent sessions (60 mins total with Q & A) - Can attend up to three workshops		
		Infections in Patients who Inject Drugs	<ol style="list-style-type: none"> 1. Explain the effects of opioid abuse on immune system function and impair host defenses to predispose patients who inject drugs to a multitude of infections. 2. Recognize a variety of infectious disease syndromes seen among patients who inject drugs. 3. Advocate successful Canadian programs and strategies aimed at risk reduction. 	Dr. Shaqil Peermohamed
		Peripheral Arterial Disease for the General Internist	<ol style="list-style-type: none"> 1. Design a practical approach for the work-up of peripheral arterial disease. 2. Explain the role and limitations of diagnostic imaging. 3. Implement an evidence-based management plan for peripheral arterial disease. 	Dr. Karen Tran
		What is New in Lipids in 2019?	<ol style="list-style-type: none"> 1. Describe the prevalence, cardiovascular risk, and treatment of inherited dyslipidemias 2. Recognize the role of new cholesterol lowering therapies for the prevention of cardiovascular disease. 3. Apply Mendelian randomisation to infer the causal relationship of biomarkers to cardiovascular disease. 	Dr. Liam Brunham

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		Palliative Approach to Care – a Critical Care Perspective	<ol style="list-style-type: none"> 1. Illustrate what is important to patients and families at the end of life and how a palliative approach addresses their needs. 2. Apply advance care planning with emphasis on the Serious Illness Conversation Guide as a communication tool. 3. Advocate for a better death in the critical care experience by improving palliation. 	Dr. Ruth MacRedmond
		Insights Into the Management of Alcoholic Hepatitis	<ol style="list-style-type: none"> 1. Identify what is required to establish a diagnosis of alcoholic hepatitis. 2. Recognize the best predictive models for survival and treatment response. 3. Describe the evidence for the most effective pharmacologic management. 	Dr. Meredith Borman
		Preoperative assessment 2019: Quo Vadis?	<ol style="list-style-type: none"> 1. Appraise current evidence for the utility of conventional pre-operative consultation. 2. List barriers to more effective intervention, and potential solutions. 3. Challenge the nature of the internist’s tasks and future roles in the process. 	Dr. Bruce Fisher
		Maintaining Your Financial Health: An Update on Taxation for Physicians	<ol style="list-style-type: none"> 1. Describe the general rules of taxation as it applies to physicians as individuals, independent contractors and small business owners. 2. Select the best strategies when deciding on when physicians should incorporate their medical practice, using this to plan for their retirement. 3. List the recent changes to taxation laws for Canadian private corporations and how these may affect incorporated physicians’ investment strategies for retirement planning. 	Dr. Oliver Haw For Chin & Mr. Brent Penner
2.5 hour workshop		An Introduction to Mindful Practice	<ol style="list-style-type: none"> 1. Describe at least 1 study in the literature that provides evidence for mindfulness as a strategy to reduce physician burnout. 2. Experiment with three core elements of the JAMA published Mindful Practice program - formal meditation, deep listening and an exercise borrowed from narrative medicine. 3. Plan to implement at least one wellness-based goal into own professional life. 	Dr. Jillian Horton